



Bossa Nova – klingt mega exotisch, oder? Ist es auch! Und beim ersten mal hören gar nicht so einfach. Aber keine Angst, es ist easy zu verstehen. “Bossa Nova” bedeutet “neuer Rhythmus” und ist ein cooler, entspannter Samba-Stil, der perfekt zum chillen am Strand passt. Zu unrecht wird er oft auch als Fahrstuhlmusik bezeichnet, dabei ist er in der Lage, dich in eine andere Zeit an einen anderen Ort zu beamen!

Entstanden ist Bossa Nova in Brasilien, als Musiker wie João Gilberto und Antonio Carlos Jobim auch nach Sonnenuntergang weiter jammen wollten. Die traditionelle Samba war dafür einfach zu laut. Also erfanden sie einen neuen Stil, der leiser, ruhiger und einfach mega relaxt war.

Lass uns erstmal mit ein paar Vorübungen eingrooven...

Bossa Nova – sounds super exotic, right? Well, it is! And not that easy to play. But don't worry, et's do it step-by-step.

“Bossa Nova” simply means “new rhythm,” and that's exactly what Bossa is: a cool, laid-back Samba style that's perfect for chilling on the beach. It's often unfairly labeled as elevator music, but listen closely – it has the power to transport you to another time and place!

Bossa Nova originated in Brazil when musicians like João Gilberto and Antonio Carlos Jobim wanted to keep jamming softly after sunset. Traditional Samba was just too loud for that. So they invented a new style that was softer, calmer, and just super relaxed.

Let's get into the groove with a few preliminary exercises first...

Vorübungen

Preparatory Exercises

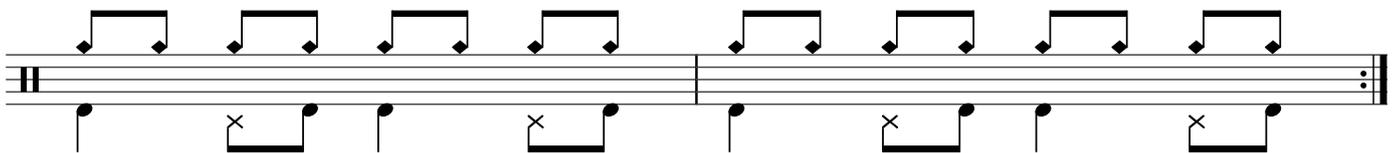
01 Bossa Bass Drum Ostinato



02 Bossa Bass Drum + HiHat



03 Bossa Bass Drum + HiHat + Ride



Bei den folgenden Übungen:
 Spiele nur rechte und linke Hand (also ohne Bass-Drum/Hi-Hat Ostinato).
 Spiele nur das Bass-Drum/Hi-Hat Ostinato plus Snare (also ohne Ride).
 Zähle laut um die Positionen der Rimclicks genau zuordnen zu können.
 Widerstehe der Versuchung rein nach Gehör zu spielen.

For the following exercises:

Play only right and left hand (i.e. without bass drum/hi-hat ostinato).
 Play only the Bass Drum/HiHat ostinato plus Snare (i.e. without Ride).
 Count out loud to be able to assign the positions of the rim clicks exactly.
 Resist the temptation to play purely by ear.

04 Bossa Ostinato + X-Stick

Exercise 04: Bossa Ostinato + X-Stick. This exercise consists of two staves. The top staff contains a rhythmic pattern of eighth notes with stems pointing down, grouped in pairs. The bottom staff contains a pattern of quarter notes with stems pointing down, also grouped in pairs. An 'x' is placed above the first note of each pair in both staves, indicating an 'X-stick' technique. The exercise is divided into two measures by a bar line.

05

Exercise 05: Bossa Ostinato + X-Stick. This exercise consists of two staves. The top staff contains a rhythmic pattern of eighth notes with stems pointing down, grouped in pairs. The bottom staff contains a pattern of quarter notes with stems pointing down, also grouped in pairs. An 'x' is placed above the first note of each pair in both staves, indicating an 'X-stick' technique. The exercise is divided into two measures by a bar line.

06

Exercise 06: Bossa Ostinato + X-Stick. This exercise consists of two staves. The top staff contains a rhythmic pattern of eighth notes with stems pointing down, grouped in pairs. The bottom staff contains a pattern of quarter notes with stems pointing down, also grouped in pairs. An 'x' is placed above the first note of each pair in both staves, indicating an 'X-stick' technique. The exercise is divided into two measures by a bar line.

07

Exercise 07: Bossa Ostinato + X-Stick. This exercise consists of two staves. The top staff contains a rhythmic pattern of eighth notes with stems pointing down, grouped in pairs. The bottom staff contains a pattern of quarter notes with stems pointing down, also grouped in pairs. An 'x' is placed above the first note of each pair in both staves, indicating an 'X-stick' technique. The exercise is divided into two measures by a bar line.

08

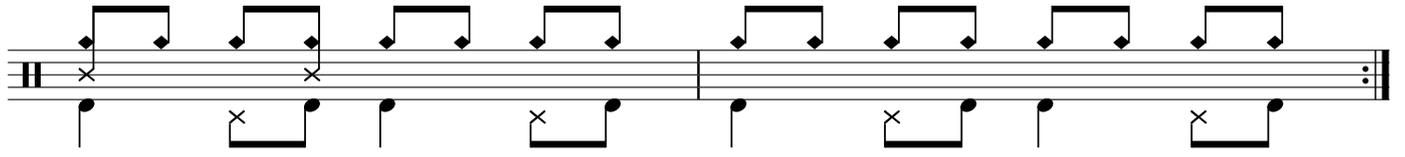
Exercise 08: Bossa Ostinato + X-Stick. This exercise consists of two staves. The top staff contains a rhythmic pattern of eighth notes with stems pointing down, grouped in pairs. The bottom staff contains a pattern of quarter notes with stems pointing down, also grouped in pairs. An 'x' is placed above the first note of each pair in both staves, indicating an 'X-stick' technique. The exercise is divided into two measures by a bar line.

09 4 Takt-Pattern / 4 bar patterns (down- and off-beats)

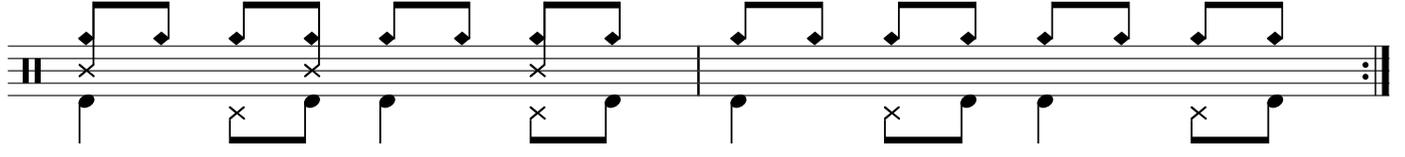
Exercise 09 (top staff): 4 Takt-Pattern / 4 bar patterns (down- and off-beats). This exercise consists of two staves. The top staff contains a rhythmic pattern of eighth notes with stems pointing down, grouped in pairs. The bottom staff contains a pattern of quarter notes with stems pointing down, also grouped in pairs. An 'x' is placed above the first note of each pair in both staves, indicating an 'X-stick' technique. The exercise is divided into two measures by a bar line.

Exercise 09 (bottom staff): 4 Takt-Pattern / 4 bar patterns (down- and off-beats). This exercise consists of two staves. The top staff contains a rhythmic pattern of eighth notes with stems pointing down, grouped in pairs. The bottom staff contains a pattern of quarter notes with stems pointing down, also grouped in pairs. An 'x' is placed above the first note of each pair in both staves, indicating an 'X-stick' technique. The exercise is divided into two measures by a bar line.

10



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